## **Senior Housing Guide**



## **LEGEND**

ALC=Assisted Living **SN=Skilled Nursing** 

CC=Continuing Care ALZ=Alzheimer's Care FH=Adult Family Home H=Handicap Accessible IL=Independent Living (Apts., Condos, Houses) MA=Medicaid Accepted

LI=Low Income

	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Alaska Gardens Health & Rehabilitation 6220 S. Alaska Tacoma, WA 98408 (253) 476-5300, Tricia Schwab www.evergreenhealthcare.com	SN & Outpatient Rehab	Yes	\$245.00 & up per day	<ul> <li>Short stay rehabilitation</li> <li>24-hour nursing care</li> <li>Specialized wound care</li> <li>Discharge Planning/short term rehab</li> <li>Individual &amp; group activities</li> <li>30 private suites, 9 semiprivate</li> </ul>	<ul> <li>Conveniently located-minutes from area hospitals</li> <li>Quiet, residential neighborhood</li> <li>Near shopping</li> <li>Newly renovated</li> </ul>
Belle Terrace 2146 S. Union Ave. Tacoma, WA 98405 253-752-3223 belleterrace.com				<ul> <li>Spacious one and two- bedrooms, washer/dryer, new floor coverings, energy- efficient lighting, insulated windows.</li> </ul>	<ul> <li>Beautiful, quiet parklike setting near shopping, medical.</li> <li>Mount Rainer views.</li> <li>Hiking trail and golf course nearby.</li> </ul>

Avamere/Heritage Rehabilitation of Tacoma 7411 Pacific Avenue Tacoma, WA 98408 (253) 474-8456 www.Avamere.com	SN-76	Yes	\$200 day	<ul> <li>Skilled nursing facility; 24-hr nursing care</li> <li>Home-like environment</li> <li>Physical &amp; Occupational Therapy, Speech Pathology</li> <li>Long/short term care &amp; respite care</li> <li>Individualized &amp; group activities</li> </ul>	<ul> <li>Easy access to I-5</li> <li>Centrally located to area hospitals</li> <li>Near shopping &amp; on bus line</li> </ul>
Brookdale/Villas at Union Park 2010 S. Union Ave. Tacoma, WA 98405 (253) 752-6870, Melissa Martin www.brookdaleliving.com	IL-118	No	Prices as low as \$1,625	<ul> <li>Studio, 1 &amp; 2-bdrm apartments</li> <li>Outdoor patio, garden beds</li> <li>Library/recreation room</li> <li>Lots of fun activities &amp; outings</li> <li>3 delicious &amp; nutritious meals served daily</li> </ul>	<ul> <li>Scenic mountain view</li> <li>Near Allenmore Hospital &amp; medical offices, shopping &amp; banks</li> <li>Outdoor amenities, walking paths</li> <li>Transportation provided</li> </ul>
Brookdale/Wynwood at Allenmore 3615 S. 23rd St. Tacoma, WA 98405 (253) 759-7770, Susan Fine www.brookdaleliving.com	ALC-68	Yes after 2 years	\$2,695 and up	<ul> <li>Emergency response system</li> <li>Housekeeping &amp; linen service</li> <li>Studio, 1 &amp; 2-bdrm         <ul> <li>apartments</li> </ul> </li> <li>Life-enrichment program</li> <li>Light to heavy care</li> <li>RN/LPN on site/fine dining</li> </ul>	<ul> <li>Scenic mountain view</li> <li>Private balconies</li> <li>Outdoor patio, garden beds</li> <li>Walking paths</li> <li>Near malls, banks, Allenmore Hospital</li> </ul>
Bridgeport Place 5250 Bridgeport Way W. University Place, WA 98467 (253) 565-1960, Jaynie Jones www.bridgeportplaceassisted.com	IL or ALC-74	Yes after 2 years	\$2,175 and up	<ul> <li>Diabetic         management/Massage         Therapist</li> <li>3 delicious meal choices         available</li> <li>Stay-a-day program</li> <li>24-hour         staffing/housekeeping</li> <li>Daily activity &amp; wellness         program</li> </ul>	<ul> <li>Spa, salon &amp; snack bar.</li> <li>Fully furnished respite care apts avail.</li> <li>Transport to church &amp; med. appts.</li> <li>Located in residential neighborhood in desirable University Place</li> </ul>

Cascade Park Gardens 4347 S. Union Ave. Tacoma, WA 98409 (253) 475-3702, Kristina Singh www.cascadecares.com	ALZ-75	MA	\$2,795- \$4,700	<ul> <li>Individualized activities &amp; outings</li> <li>In-house Nurse 7 days per week</li> <li>Home-like atmosphere/24-hour staffing</li> <li>Expanded, secure dementia units</li> <li>Multiple floor plans available</li> </ul>	<ul> <li>Multiple secure outdoor areas</li> <li>Near mall and community center</li> <li>Transportation to and from doctor</li> <li>Beauty shop available</li> <li>Medical physician director</li> </ul>
Cascade Park Vista 242 St. Helens Ave. Tacoma, WA 98402 (253) 627-3833, Lincoln Strand www.cascadecares.com	ALC -112 Adult Day Health Care & TBI	MA	\$1,695 - \$3,500	<ul> <li>Extensive activity program</li> <li>In-house Nurse 7 days per week</li> <li>24-hr staffing</li> <li>Private studio &amp; 1 bdrm available</li> <li>Shared 1 bdrm apts. available</li> </ul>	<ul> <li>New Brain Injury Adult Day Program</li> <li>Transportation to and from doctor</li> <li>Multiple day health programs</li> <li>Near hospitals &amp; medical care</li> <li>Located in Stadium District</li> </ul>
Cedar Ridge 9515 198th Ave East Bonney Lake, WA 98391 (253) 299-6461, Barbara Bowman ED	ALC-69 IL-54	No	\$2,300- \$2,995 and up	<ul> <li>1 &amp; 2 bdrm suites, Assisted Living, studios &amp; 1 bdrm suites</li> <li>24-hr awake staff</li> <li>Full kitchens &amp; barrier free accessible bath</li> <li>Individually controlled thermostats for heat &amp; air conditioning</li> <li>Pets welcome All utilities included</li> </ul>	<ul> <li>Close to shopping,         restaurants and recreation</li> <li>Park-like setting with         mountain views</li> <li>Patio &amp; balconies</li> </ul>

Cottesmore of Life Care 2909 14th Ave. N.W. Gig Harbor, WA 98335 (253) 851-5433, Karla Winslow www.lcca.com	CC SN-104 Rehab	Yes	\$230 and up a day	<ul> <li>40 years of quality care</li> <li>Loving, caring staff/respite care</li> <li>Public daycare &amp; cafe</li> <li>Aquatic Therapy</li> <li>Physical, occupational &amp; speech therapy</li> </ul>	<ul> <li>Only campus of cont. care in G. H.</li> <li>Easy access from Highway 16</li> <li>Park-like setting</li> <li>Located in beautiful Gig Harbor</li> <li>Family, home-like environment</li> </ul>
Emeritus at the Courtyard 4610 6th Place S.E. Puyallup, WA 98374 (253) 841-9722, Webb Peterson www.emeritus.com	ALC-101	Yes after 2 year spend down	\$2,300 & up per month	<ul> <li>24-hr staffing/3 meals a day/respite care</li> <li>Pets welcome, \$25/ month</li> <li>Activities/transportation available</li> <li>Diabetes management</li> <li>Companion apt. \$1560 monthly</li> </ul>	<ul> <li>Puyallup South Hill</li> <li>Near YMCA/Good Samaritan Hospital</li> <li>Shopping mall nearby</li> <li>Beautifully landscaped</li> <li>Gated community</li> </ul>
Franke Tobey Jones Retirement Estates 5340 N. Bristol Tacoma, WA 98407 (253) 752-6621, Michelle Matz www.franketobeyjones.com	CC ALC-55 ALZ-15 IL-82 SN-43	No	\$2,855	<ul> <li>Exceptional activity program, Senior "U"</li> <li>Preventative holistic Wellness center</li> <li>Outstanding dining/transportation</li> <li>20-acre Tudor-style estate</li> <li>24-hr nurse available</li> <li>Pet friendly, views of bay &amp; Rainier</li> </ul>	<ul> <li>Bistro Cafe' on FTJ Campus</li> <li>Adjacent to Pt. Defiance         Park         </li> <li>Minutes from waterfront         dining</li> <li>Close to unique Proctor         District shops         </li> <li>Near Museum &amp; Theater         District         </li> <li>Lovely areas to walk</li> </ul>

Gibson Gardens 5001 Pacific Ave. Tacoma, WA 98408 (253) 472-5008, Sharon Shobey www.gibsongardens.net	IL-122	No	\$995- \$1,725	<ul> <li>Free continental breakfast/opt. evening meal</li> <li>Beautifully landscaped grounds</li> <li>Washer/dryer in each unit</li> <li>Spacious 1 &amp; 2 bdrm homes</li> <li>Fireplace in every apt. Bus for activities &amp; shopping. Small pets welcome</li> </ul>	<ul> <li>Gated community</li> <li>Covered parking available, covered balconies w/ storage</li> <li>Adjacent to Lighthouse Senior Center</li> <li>Close to shopping/downtown</li> <li>Beauty/barber shop. Staff living on-site.</li> </ul>
Harbor Place at Cottesmore 1016 29th St. NW Gig Harbor, WA 98335 (253) 853-3354, Sue Wilhelm www.HarborPlaceRetirement.com	CC ALC and IL - 100	No	Starting at \$2,500	<ul> <li>Month to month lease includes utilities</li> <li>Wellness staff on site 24/7</li> <li>Restaurant-style fine dining</li> <li>Indoor pool, hot tub &amp; fitness center</li> <li>Beauty salon/day spa/many activities/outings</li> </ul>	<ul> <li>Conveniently located off Highway 16</li> <li>Minutes from shopping, restaurants &amp; medical services</li> <li>Nestled around beautifully manicured &amp; landscaped grounds</li> <li>Gig Harbor's only full campus of care</li> </ul>
Hearthside Manor 3615 Drexler Drive W. University Place, WA 98466 (253) 460-3330, Marcus Shields	ALZ - 40	Yes	Call for details	<ul> <li>Dementia-friendly floor plan</li> <li>24/7 assistance with medications</li> <li>Low staff-to-patient ratio</li> <li>Recreation/community outings</li> </ul>	<ul> <li>Centrally located in         University Place</li> <li>Tranquil wooded setting</li> <li>Bright, cheerful atmosphere</li> </ul>
Heritage House Assisted Living and Memory Care 28833 Hwy 410 East Buckley, WA 98321 (360) 829-5292, Peggy Jensen	ALC-40	MA 55+	\$2,445 and up	<ul> <li>3 meals daily/full-service dining room</li> <li>Home-like atmosphere/24-hour staffing</li> <li>Loving, caring staff</li> <li>Daily activities &amp; outings</li> <li>Weekly linen &amp; personal laundry service</li> </ul>	<ul> <li>Close to Mt. Rainier</li> <li>Transportation to medical centers</li> <li>Beautiful courtyard, landscaping</li> <li>Walking paths; newer building</li> <li>Close to shopping, senior center</li> </ul>

Kindred Transitional Care 11411 Bridgeport Way SW Lakewood, WA 98499 (253) 581-9002, Jan Olson	SN-80	Yes	Call for details	<ul> <li>New therapy gym &amp; equipment</li> <li>Remodeled</li> <li>Accept many insurances</li> <li>"Angel Care" program</li> </ul>	<ul> <li>Very close to St. Clare's hospital</li> <li>Closest nursing facility to Madigan</li> <li>One block from main bus line.</li> </ul>
Life Care Center of Puyallup 511 10th Ave. S.E. Puyallup, WA 98372 (253)845-7566, Kristina Mills	SN - Hospice Care - 120	MA 18+	Call for details	<ul> <li>RNs &amp; LPNs 24 hours/day</li> <li>Complex wound care/lymphedema treatment.         On-site physicians.     </li> <li>Rehab program, inpatient &amp; outpatient</li> <li>Hospice &amp; respite programs</li> <li>7-day a week therapy</li> </ul>	<ul> <li>Quiet residential neighborhood</li> <li>3 blocks from Puyallup Fairgrounds</li> <li>10 minutes from South Hill Mall</li> <li>5 minutes from Good Sam. Hospital</li> <li>Large, luxury rooms</li> </ul>
Life Manor 1601 S. Union Tacoma, WA 98405 (253) 383-3363, Nanette Baus www.villageconcepts.com	IL-157	No	\$631	<ul> <li>Beautifully remodeled building</li> <li>Pets allowed</li> <li>Multi-generation activity program</li> <li>1 meal included with affordable rent</li> <li>Restaurant-style dining</li> </ul>	<ul> <li>Near Allenmore Hospital</li> <li>Mt. Rainier views</li> <li>Walking distance to shopping</li> <li>Located on the Life Center campus</li> <li>Quiet family neighborhood</li> </ul>
Life Manor Retirement 1609 S. Union Tacoma, WA 98405 (253) 779-3800, Julyanne Cooke www.villageconcepts.com	ALC-59	Yes (after 2 yr spend down)	\$1,550 - \$3,375	<ul> <li>24-hr secure building</li> <li>Continuing care/full time</li> <li>Activities/pets allowed</li> <li>Beauty/barber shop</li> <li>Located on the Life Center campus</li> </ul>	<ul> <li>Near Allenmore Hospital &amp; doctors</li> <li>Close to shopping &amp; banks</li> <li>Mt. Rainier views</li> </ul>

The Lodge at Mallards Landing 7083 Wagner Way Gig Harbor, WA 98335 (253) 858-4990, Jody Gauthier	ALC-100 IL-24	Yes	\$2,300- \$4,200	<ul> <li>Beautiful spacious         <ul> <li>apartments</li> </ul> </li> <li>Three chef prepared meals-</li></ul>	<ul> <li>Country Setting</li> <li>Close to shopping</li> <li>Recreation-golf-boating</li> <li>Local walking trails</li> <li>Scenic view of Mt. Rainier</li> </ul>
Market Street Apartments 1314 Market St. Tacoma, WA 98402 (253) 272-9475, Sandie Walker	IL - 125	N/A	HUD 30% of income	<ul> <li>Section 8 HUD building for low-income residents</li> <li>Rec. room with pool table &amp; television</li> <li>Small, enclosed patio</li> </ul>	<ul> <li>1 block from Beacon Senior Center</li> <li>Across street from YMCA</li> <li>On bus lines</li> <li>Close to downtown Tacoma</li> </ul>
Merrill Gardens-Gig Harbor 3213 45th St. Ct. N.W. Gig Harbor, WA 98335 (253) 858-5300, Linda Jo Dutton www.merrillgardens.com	ALC/IL 78	Yes (after 2 yr spend down)	\$2,095 and up	<ul> <li>60 day money back guarantee</li> <li>weekly housekeeping and linen service</li> <li>Social and recreation programs</li> <li>Anytime dining; Pets okay</li> <li>Active living wellness program</li> </ul>	<ul> <li>Adjacent to skilled nursing and rehab</li> <li>Close to shopping, Restaurants,</li> <li>theater, groceries and services</li> <li>Quiet Cul-de-sac location</li> <li>Close to doctors, pharmacy and library</li> </ul>
Narrows Glen 8201 6th Ave. Tacoma, WA 98406 (253) 564-4770, Jason Kitchel www.vintagesenior.com	IL - 142	No	\$2,895 - \$3,895	<ul> <li>Exceptional social &amp; educational programs</li> <li>Full service concierge</li> <li>Full kitchens, ample closets &amp; storage</li> <li>Covered parking &amp; daily transportation available.</li> <li>Delicious meals in our restaurant</li> </ul>	<ul> <li>Quiet, safe neighborhood</li> <li>Beautiful, park-like setting</li> <li>Convenient to shopping, Titlow Park</li> <li>Close to Highway 16</li> </ul>

Narrows Glen/Laurel House 802 Laurel Lane N. Tacoma, WA 98406 (253)564-4770, Jason Kitchel www.vintagesenior.com	ALC - 77	No	\$2,195- \$4,250	<ul> <li>Diabetic Management</li> <li>Delicious meals served in our restaurant</li> <li>Enhancing, stimulating activities</li> <li>Studio, 1 &amp; 2 bdrm apartments/pet friendly</li> <li>Beautiful grounds for gardening</li> </ul>	<ul> <li>Partial bridge &amp; wooded views</li> <li>Beautiful park-like setting</li> <li>Scheduled transportation</li> <li>Quiet, safe neighborhood</li> <li>Close to doctors &amp; hospitals</li> </ul>
Narrows Glen/ Recollections 802 Laurel Lane N. Tacoma, WA 98406 (253) 564-4770, Jason Kitchel www.vintagesenior.com	ALZ - 19	No	Call for details	<ul> <li>Small, intimate home-like environment</li> <li>All private studio apartments</li> <li>Personalized activities &amp; care programs</li> <li>3 delicious, nutritious meals &amp; snacks</li> <li>Loving, caring staff/ diabetic management</li> </ul>	<ul> <li>Enclosed patio with garden beds</li> <li>Beautifully landscaped</li> <li>Hands-on reminiscent furnishings</li> <li>Warm, homey environment</li> <li>Newly remodeled</li> </ul>
Olympic Alzheimer's Residence 3025 14th Ave. N.W. Gig Harbor, WA 98335 (253) 851-5306, Kathy Wells www.prestigecare.com	ALZ-60	MA	Starts @ \$4,100 + care	<ul> <li>Staff trained in         Alzheimer's/dementia</li> <li>Secured, home-like         environment</li> <li>3 "neighborhoods" of 20         residents ea.</li> <li>Multiple secured courtyards</li> <li>Activities designed for         dementia residents</li> </ul>	<ul> <li>Located in beautiful Gig Harbor</li> <li>Close to physicians &amp; hospitals</li> <li>Easy access to Highway 16</li> <li>Quiet, park-like setting</li> <li>Adjacent to skilled nursing &amp; rehab</li> </ul>
Orchard Park Health Care Center 4755 So. 48th Street Tacoma, WA 98409 (253) 475-4611, K. Melissa McPherson	SN-147	Yes	Call for details	<ul> <li>Short-stay/Post-acute care</li> <li>Respite care</li> <li>Long-term care</li> <li>Hospice care</li> </ul>	<ul> <li>Joint Commission-accredited</li> <li>Recipient of American         Health Care Association         Bronze Award</li> <li>A preferred provider for         HMOs and insurers</li> </ul>

Patriot's Landing 1600 Marshall Circle DuPont, WA 98327 (253) 964-4900 kindredhealhcare.com	Cottages - 25 IL - 80 ALC - 52 ALZ - 22	No	\$1,850- \$5,500	<ul> <li>Exquisite accommodations including fine dining, heated swimming pool and Jacuzzi, his and hers saunas. Fitness and wellness program, game room w/billiards &amp; card tables, full-service lounge.</li> </ul>	<ul> <li>Base access for shopping and medical appointments.</li> <li>Shopping in Tacoma and Olympia. Beautiful gardens and walking paths. Quiet, serene and safe neighborhood.</li> </ul>
Peninsula Retirement 3445 50th Ct. N.W. Gig Harbor, WA 98335 (253) 858-4800, Myra Mathews Peninsula-retirement.com	IL-116	No	\$1,995- \$4,595	<ul> <li>Quiet greenbelt community.</li> <li>Walking distance to Uptown, shopping, parks, library, medical, restaurants, Hwy 16.</li> <li>Studio, 1 &amp; 2 bdrm apartments</li> </ul>	<ul> <li>Our exclusive Travel program allows residents to stay at 300+ communities at no charge. (except Hawaii)</li> </ul>
Pt. Defiance Village 6414 N. Park Way Tacoma, WA 98407 (253) 759-8908, Karen & Ron Gering pointdefiancevillage.com	Apts-116 Cottages-40	No	\$2,000- \$5,200	<ul> <li>All inclusive, no buy-in fees. 24/7 live-in managers.</li> <li>Barber shop, salon, fitness &amp; media rooms, library.</li> <li>Three chef-prepared meals daily.</li> <li>Weekly housekeeping</li> <li>Utilities and cable included.</li> <li>Pets welcome.</li> </ul>	<ul> <li>Point Defiance Village sits on 28 lush, landscaped acres.</li> <li>Convenient to shopping, hospitals.</li> <li>Exclusive travel program to over</li> <li>300 communities (free – except Hawaii).</li> </ul>
Ridgemont Senior Apartments 2049 Pottery Avenue Port Orchard, WA 98366 (360) 876-4461, Janice Worden	IL-46	No	\$750- \$1,320	<ul> <li>Secured bldg</li> <li>Emergency call lights/system</li> <li>Daily meal, housekeeping, well checks, fun activities, pets allowed, rate includes all utilities, cable tv</li> </ul>	<ul> <li>Near shopping and medical</li> <li>Transport to weekly shopping</li> </ul>

Silver Creek Retirement & Assisted Living 17607 91st Ave E Puyallup, WA 98375 (253) 875-8644, Elena Lightbowe	ALC-66 IL-72	N/A	\$2,420- \$4,080	<ul> <li>On-site nurse and full care staff</li> <li>Front desk concierge service</li> <li>Wide variety of activities and outings</li> <li>Restaurant style dining and general store onsite,</li> <li>Pets welcome</li> <li>Full housekeeping</li> <li>All utilities even your phone &amp; cable</li> </ul>	<ul> <li>Quiet family neighborhood</li> <li>Close to Drs, shopping, restaurants &amp; pharmacy.</li> <li>Close to EMTs &amp; Fire Station.</li> <li>Sidewalk style walking path around the community.</li> <li>Raised garden beds on back garden area.</li> </ul>
Sound Vista Village 6633 McDonald Ave. Gig Harbor, WA 98335 (253) 851-9929, Susan Pfundt- O'Neill	ALC-36	Please call	\$2,175 - \$2,750	<ul> <li>Full-time activities/bus</li> <li>Housekeeping/cable TV/wi-fi</li> <li>One story; no dead-end halls</li> <li>Three meals a day/24 hr. staffing</li> <li>Personal care services available</li> <li>Beautiful courtyard</li> </ul>	<ul> <li>Close to medical facilities</li> <li>Quiet, residential neighborhood</li> <li>Close to downtown Gig Harbor</li> <li>Some units have water views</li> <li>Easy freeway access/paved walking paths</li> </ul>
Spring Ridge Retirement 6856 Portland Ave. Tacoma, WA 98404 (253) 474-1093, Terry Voeller www.springridgeretirement.com	ALC/IL-56 2 IL cottages	MA after 1 yr spend down	\$2,495 - \$3,069	<ul> <li>Home-cooked meals</li> <li>Fun activities</li> <li>One level/small pets allowed</li> <li>Personal care service</li> <li>24-hr staff</li> </ul>	<ul> <li>2 cottages</li> <li>Lots of walking space</li> <li>Established landscaping</li> <li>Close to churches/on bus line</li> <li>On bus line; close to shopping/banks</li> </ul>

Stafford Healthcare at Ridgemont 2051 Pottery Ave Port Orchard, WA 98366 (360) 876-4461, Jan Worden	IL-46 SN-96	Yes	Call for prices	<ul> <li>Skilled nursing/short term rehab</li> <li>Wireless Internet/lg flat screen T.V. in each room</li> <li>Inpatient and Outpatient therapy</li> <li>All private suites</li> <li>Call for specifics on each level</li> </ul>	<ul> <li>Close to shopping</li> <li>Transportation available</li> </ul>
Stafford Suites 15519 62nd St. Ct. E. Sumner, WA 98390 (253) 862-1818, Laura Fehrenbacher	ALC-72	No	Call for prices	<ul> <li>Beautiful mountain-lodge setting</li> <li>Restaurant-style dining</li> <li>Exciting activity program</li> <li>Chapel services</li> <li>Personal care services available</li> <li>Smoke free campus</li> </ul>	<ul> <li>Located in charming Sumner</li> <li>View of Mt. Rainier</li> <li>Easy freeway access</li> <li>Near senior center &amp; shopping</li> <li>Area is perfect for walking</li> </ul>
Sunset View Apartments 7713 44th St. W. University Place, WA 98466 (253) 565-4450, Lois Brown	IL-92	No Sect 8 Welcome	\$660 & up	<ul> <li>Quiet 1 &amp; 2 bdrm apartments</li> <li>Located in University Place</li> <li>Full-sized washers/dryers in each unit</li> <li>Spacious decks/patios</li> <li>Active recreation facility</li> </ul>	<ul> <li>Carports &amp; extra parking available</li> <li>Close to U.P. city center</li> <li>Close to major shopping</li> <li>Close to dining</li> <li>Bus lines near complex</li> </ul>
Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 (253) 752-7112, Marian Lunka	ALC-40	MA 62+	\$3,380 & up per month	<ul> <li>FT nurse/social worker; 24-hr staffing</li> <li>3 meals plus snacks</li> <li>Personal care, housekeeping, transportation</li> <li>Activities, trips, tours</li> </ul>	<ul> <li>Uniformed security</li> <li>Quiet North Tacoma neighborhood</li> <li>Some balcony apts with Mt Rainier view/beauty salon</li> <li>Nursing home in facility</li> </ul>

Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 (253) 752-7112, Marian Lunka	IL-147	N/A	\$1,445- \$2,180	<ul> <li>Efficiencies, 1 &amp; 2 bdrm apts, 2-bdrm, condo-style sixplexes</li> <li>Flower &amp; vegetable gardens</li> <li>Dinner, utilities, housekeeping</li> <li>Trips, tours, activities</li> </ul>	<ul> <li>Storage units/support services</li> <li>Quiet North Tacoma neighborhood</li> <li>Shopping &amp; golf course nearby</li> <li>Nursing home/asstd living in facility</li> <li>Wellness &amp; aquatic center</li> </ul>
Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 (253) 756-7112, Deb Horton	SN-187 includes ALZ-26	Yes	\$232 and up per day	<ul> <li>Therapy/rehab services available</li> <li>Activities, trips, pet program</li> <li>Resident-controlled electric beds</li> <li>Semi-secure dementia unit</li> </ul>	<ul> <li>Quiet North Tacoma neighborhood</li> <li>Shopping and golf course nearby</li> <li>Some private &amp; semi-private rooms./free basic cable/hair salon/deli/gift shop</li> <li>Pastoral care/social services</li> </ul>
The Village Retirement & Assisted Living Community 4707 S. Orchard Tacoma, WA 98466 (253) 475-4707, Pheanny Neang www.thevillage-tacoma.com	ALC-111 IL-24	Yes	\$1,895- \$3095	<ul> <li>Spacious private apartments</li> <li>Choose from a studio, 1 bedroom &amp;</li> <li>2 bedroom</li> <li>Nurse in residence</li> <li>All meals &amp; snacks daily</li> <li>Pets are welcome!</li> </ul>	<ul> <li>Campus-style community nestled between Fircrest, Lakewood, U.P. &amp; Tacoma</li> <li>Easy access to Highway 16 &amp; I-5</li> <li>Close to shopping, banking &amp; medical facilities.</li> <li>Country setting in a quiet family neighborhood</li> </ul>
The Weatherly Inn 6016 N. Highlands Parkway Tacoma, WA 98406 (253) 752-8550, Nicky Day	IL/ALC-115 ALZ-44	No	Call for prices	<ul> <li>Overnight trips &amp; tours</li> <li>Gated secure community</li> <li>Individual AC &amp; heat</li> <li>Adult day care &amp; respite care</li> <li>Transportation for medical appointments</li> </ul>	<ul> <li>Near hospitals, doctors, skilled nursing</li> <li>Easy freeway access/on bus line</li> <li>Close to shopping, restaurants, &amp; banks</li> <li>Beautiful North Tacoma location</li> </ul>

Willow Gardens Retirement 4502 6th St SE Puyallup, WA 98374 (253) 848-4430, Annie Halko	IL-35 Cottages IL-109 Apartments	Not applicable	\$2,795 and up	<ul> <li>On-site resident mgr teams.</li> <li>3 chef prepared meals/2 snacks.</li> <li>"Age in Place" with In-Home Care Services.</li> <li>Pet friendly- No pet fees or deposits.</li> <li>Lovely cottages (1 &amp; 2 bdrm) and studio, 1 or 2 bdrm apts.</li> <li>Beautiful pond w/ fountain; home to 29 resident ducks</li> </ul>	<ul> <li>28-acre gated community in a park-like setting</li> <li>Close to South Hill mall, grocery stores and hospital.</li> <li>Weekly housekeeping/linen service</li> <li>Shuttle bus for appointments/trips/persona I needs</li> <li>Independent &amp; supportive living</li> </ul>
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LEGEND							
ALC=Assisted Living SN=Skilled Nursing	CC=Continuing Care ALZ=Alzheimer's Care	FH=Adult Family Home H=Handicap Accessible	IL=Independent Living (Apts., MA=Medicaid Accepted	Condos, Houses) LI=Low Income			

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