

HOUSING GUIDE

	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Harbor Place at Cottesmore 1016 29th St. NW Gig Harbor, WA 98335 253-853-3354, Sue Wilhelm HarborPlaceRetirement.com	IL/ALC-102	No	Call for pricing	Many activities and outings to choose from. All-day restaurant-style fine dining to fit your schedule. Amenities include indoor pool, hot tub, fitness centers, salon and day spa. Wellness staff on-site 24/7. Pet-friendly. Month-to-month lease. No buy-in.	Conveniently located off Highway 16. Minutes from shopping, restaurants and medical services. Nestled around beautifully manicured and landscaped grounds.
Gibson Gardens 5001 Pacific Ave. Tacoma, WA 98408 253-472-5008 Bridget Stamper	IL-122	No	Starting at \$1,550	Extra large 1-2 bedrooms with fireplace and patio. Full kitchen. Washer and dryer in each apartment. Weekday continental breakfast. Wide variety of social activities.	Beautiful courtyard with fountain and landscaping. Home-like feel. Near hospitals and doctors. Easy freeway access, on bus line. Close to shopping, restaurants and banks.
Village Green Retirement Campus 35419 First Ave. S. Federal Way, WA 98003 253-838-3700 Kim Salas	IL - 34 cottages, 71 apartments ALC - 65	No	\$2,795-\$5,195	20-acre campus with walking paths and trails, pets welcome. Restaurant-style dining with chef-prepared meals. 24-hour juice bar with hot and cold beverages and snacks. Studio, 1, 2 and 3-bedroom apartments and cottages. Recreational activities, outings and excursions for active adult living.	Beautiful, quiet, parklike setting. Conveniently located to area shopping and dining. Less than one mile from hospital and medical offices.
The Rivers at Puyallup 123 Fourth Ave. NW. Puyallup, WA 98371 253-848-1234, Jeni Jones	ALC IL	No	\$2,595 to \$3,795	Meals included in base rent. RN and LPN on staff. Pets welcome. Personalized care plans. Activities and outings.	Near shopping. Located in downtown Puyallup, within 15 minutes of experiential opportunities. Caring and professional staff.
Spring Ridge Memory Care 6856 E. Portland Ave. Tacoma, WA 98404 253-474-1093, Bebie Rantalla and Michelle Wyse	ALZ Transition-al care and memory care	Private pay 2-year, then Medicaid spend-down	\$3,230 to \$6,475	Secure community. RN and LPN in-house. All meals, snacks and fun activities included. Trips to rrestaurants and shopping centers. Pet-friendly.	Scenic view of Mount Rainier from patio. Easy access to/from freeways. Walking distance to grocery stores and other shopping centers. Bus transportation nearby.
Bridgeport Place Boutique Living 5250 Bridgeport Way W. University Place, WA 98467 253-565-1960 Gwynn Chernysheff bridgeportplaceseniors.com	IL and ALC-74	Currently not accepting Medicaid	\$2,995-\$4,575	Private apartments: Studio, Alcove, 1 and 2 bedrooms. Many upgrades available. Dedicated quality Care Team 24/7, respite stays 14-30 days, wireless alert system, anytime dining, lifestyle and leisure activities, transportation-shuttle and hair salon.	Located in University Place near the picturesque Puget Sound and Narrows Bridge. Easy access to Tacoma, Gig Harbor, Lakewood, Steilacoom, Spanaway, Dupont and Milton. Close to shopping, Chambers Bay, and all three local hospitals. Stop in for a visit and experience our cozy and bright community.
Cascade Park Active Day 246 St. Helens Ave. Tacoma, WA 98402 253-242-6406, Whitney McMullen activeday@.cascadecares.com	Adult day health care	MA	\$25 to \$35/hour	Meals provided. Free transportation. Activities and trips. Group exercise. Physical therapy and occupational therapy on site.	Near shopping and restaurants. City center. Near medical facilities.
LEGEND					
ALC=Assisted Living SN=Skilled Nursing	CC=Continuing Care ALZ=Alzheimer’s Care	FH=Adult Family Home H=Handicap Accessible	IL=Independent Living (Apts., Condos, Houses) MA=Medicaid Accepted	LI=Low Income	

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Costs and services are keys to exploring senior-living choices

Before you begin to explore senior living options near you, ask yourself two questions that will simplify your search.

How much can I afford?

You may think senior living is expensive. But a lot of people are surprised at how favorably costs compare to homeownership.

First, figure out how much it costs to stay in your own home. Even if you’ve paid off your mortgage, you still have homeowner’s expenses such as

senior-related renovations and ongoing home maintenance issues, as well as expenses for utilities, taxes, groceries, dining out, entertainment, etc. And don’t forget to add up any medical or in-home healthcare expenses.

Next, take all your financial resources into account. In addition to income and your assets, this includes long-term care insurance, veterans or surviving spouse’s benefits, retirement investments, or other pension benefits.

Once you collect this information, you can establish a budget. Then you can eliminate any retirement housing options that don’t fit within it – making your search that much easier.

There are many financial benefits to living at a senior community. When you live in a senior community, you’re generally not going to experience some unexpected large cost that you could otherwise experience if you lived in a house.

For instance, you might have to replace a new water heater. You might have to repair the driveway. You might have to put on a new roof.

Secondly, virtually everything is provided for you. Good nutrition. Exercise programs, entertainment programs.

What level of services do I really need?

Make an objective list of current

See CHOICES next page

FIND A PLACE TO CALL HOME IN SENIOR SCENE'S ANNUAL GUIDE TO OPTIONS FOR SENIOR LIVING COMMUNITIES

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Memory Haven 5107 Parker Road E. Sumner, WA 98390 253-750-0552, Mary Jaynes www.memoryhavensumner.com	ALZ	No	\$5,000+	Cozy single cottages that simulate a homelike setting. Individualized care plans. 24-hour caregivers. Comfortable common areas for social/family gatherings. Large private, secured, peaceful courtyard.	Quiet residential setting. Near parks and historic downtown Sumner. Friendly, smalltown feel with sweeping views of Mount Rainier. Enjoy the Daffodil Parade in the spring.
King's Manor 8609 Portland Ave. E. Tacoma, WA 98445 253-538-7222, Karen Wright www.kingsmanorslc.com	ALC-64		\$2,999+	Medicaid accepted after 18 months private pay. Pets allowed. Beautiful community with a focus on quality in care. Faith-based, all are welcome. Free move-in service.	Close to shopping and to medical buildings. Convenient access to Tacoma and Puyallup.
The Village Senior Living 4707 S. Orchard St. Tacoma, WA 98466 253-475-4707 www.thevillage-tacoma.com	ALC-92 IL-20 ALZ - 19	Yes, based on availability.	\$2,515+	Spacious apartments with large common areas. Outdoor patio areas. Resident store. Scheduled transportation. 24-hour staff. Respite care available. New memory care neighborhood.	Centrally located near Fircrest, University Place and Lakewood, with easy access to I-5 and Highway 16. Next door to Orchard Park Health and Rehab. Close to medical offices and major hospitals.
The Lodge at Mallard's Landing 7083 Wagner Way Gig Harbor, WA 98335 253-858-4990 www.thelodge-gigharbor.com	ALC - 98 ALZ - 25 IL - 24		\$3,395+	Restaurant-style dining. Robust activities program. Cinema, bistro, lounge, activities and fitness areas. Outdoor courtyards. Scheduled transportation. Independent living cottages.	Next to the Adam Tallman Nature Park, surrounded by quiet forest. Easy access to Highway 16 and Gig Harbor shopping. Close to medical offices, and just four miles from St. Anthony Hospital.
Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 253-752-7112 Alexandra Jacobs	ALC - 38 ALZ - 36 IL - 146 SN - 159	Yes	\$1,800+	Primary care clinic onsite through MultiCare. Wellness and aquatic center with saltwater pool. Flower and vegetable gardens. Art center with wood shop. Activities, trips, tours and more.	Nestled in the gorgeous south Puget Sound area, residents enjoy attractive living facilities, a host of amenities, innovative programs, and a sense of community not found anywhere else.
Weatherly Inn 6016 N. Highlands Parkway Tacoma, WA 98406 253-752-8550	ALC ALZ IL	No	\$3,500-\$8,500	Family-owned and operated for nearly 30 years. Weatherly Inn offers over-the-top services and amenities. With a full-time driver, daily housekeeping, personal shopping, and all-day dining. you are free to enjoy the fun.	Located in Tacoma's North End, the quiet neighborhood is perfect for walking and has easy access to Highway 16, shopping, restaurants and golfing.
Franke Tobey Jones Retirement Estates 5340 N. Bristol Tacoma, WA 98407 253-752-6621/Michelle Olafson www.franketobeyjones.com	CC ALC-52 ALZ - 28 IL-97 SN - 43	No	Starting at \$2,955	Exceptional activity program, Senior "U." Preventative holistic Wellness Center. Outstanding dining/transportation. 20-acre Tudor-style estate, walking paths. 24-hour nurse available. Pet-friendly, views of bay and Mount Rainier.	Bistro Cafe on Franke Tobey Jones campus. Adjacent to Point Defiance Park. Minutes from waterfront dining and shopping. Close to unique Proctor District shops. Near Museum and Theater District. Lovely areas to walk.
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CHOICES

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services and support you need, as well as those you anticipate needing down the road. You may not need health services now, but the reality is that 70 percent of people over the age of 65 years old will need some type of long-term care, according to the U.S. Department of Health and Human Services).

Here are some broad definitions to help you determine what level of care to look for:

- Independent living and active

adult: These communities offer opportunities to pursue your interests, make friends, and take care of your mind, body and spirit – all while freeing you from the burdens of homeownership. If your overall health is good and you don’t need help with ADLs (activities of daily living), this could be a good fit for you.

- Assisted living: These communities are designed to help you live more independently through personal help with ADLs, transportation and home maintenance.

Consider assisted living if there

are mobility issues, medication management problems, or difficulties dressing, bathing or grooming.

- Skilled nursing: Care in a licensed healthcare facility may be best if you need short-term rehabilitation services or a higher level of continuous care for health issues too complex to be dealt with at home or in an assisted living facility.

Life plan communities: Also known as continuing care retirement communities, this is an option that offers a continuum of care that includes independent

living, assisted living, memory care, and skilled nursing. It allows you to enjoy your independent lifestyle now and gives you access to future healthcare at controlled costs.

Know your budget, know your needs. Once you do, you’ll be much closer to finding the senior living lifestyle that is the best one for you.

Source: American Senior Housing Association (seniorshousing.org), an industry, consumer and advocacy organization.