

# Where To Turn

2022 - 2023

*An information and referral  
guide to community resources  
for older adults*

## KITSAP COUNTY

Produced by  
**SENIOR MEDIA SERVICES**  
A program of



LUTHERAN  
**Community  
Services**  
NORTHWEST

**Find the services you need  
for Transportation, Housing,  
Healthcare, Food and Utilities  
Assistance, and more**



## **CATHOLIC COMMUNITY SERVICES**

OF WESTERN WASHINGTON

***Providing the highest quality home care to seniors and people with disabilities for more than 30 years***

- We are state licensed and accept insurance, private pay, DSHS and serve all income levels
- Services range from housework to personal care including medication reminders, incontinent care, transportation, bathing, dressing, transfers to/from wheelchair, and protective supervision
- We offer hourly visits to round the clock, live-in care
- We pride ourselves on employing the highest caliber of staff assuring our clients the best quality in-home care services



**Please call for a free in-home evaluation:**

**1-877-870-1582**

Visit us on the web at [www.ccsww.org](http://www.ccsww.org)

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## ABOUT THE PUBLISHER

**Senior Media Services** is a program of Lutheran Community Services Northwest (LCSNW), a non-profit human services agency. The goal of all LCSNW programs is to meet the specific needs of local communities. Senior Media Services, which is based in Tacoma, serves the information needs of tens of thousands of older adults in multiple counties with free print publications (Where to Turn and Senior Scene) and online (seniorscene.org).

Where to Turn, published annually, is a resource guide used by seniors, their families, friends and caregivers to find community services provided by government and private providers. Separate editions of Where to Turn are published for Kitsap County, Pierce County and King County and are distributed free of charge through more than 200 partnering organizations.

Senior Scene, a monthly newspaper, is distributed free at more than 380 locations in Pierce County and King County. Readers enjoy news, features and information aimed at helping them lead healthy, active, informed and meaningful lives.

Information about Senior Media Services is at 253-722-5687 and seniorscene.org.

## FIND IT IN WHERE TO TURN

**Where To Turn** lists the telephone numbers of service providers by category. The lists include government, publicly funded and non-profit programs, and paid advertisers. For services outside Washington, contact the U.S. Administration on Aging's Eldercare Locator at 1-800-677-1116.

### ABOUT LUTHERAN COMMUNITY SERVICES NORTHWEST

Lutheran Community Services Northwest (LCSNW) is a non-profit human services agency with offices and programs in Washington, Oregon and Idaho. Its origins date to 1921, and its services--focused on health, justice and hope for individuals, families and communities--touch the lives of people of all ages, cultures and faiths. In Kitsap County, programs include:

- Senior Companion, matching trained volunteers with isolated seniors and disabled adults for companionship such as playing cards, sharing hobbies, going for walks, and transportation for short errands or appointments. More information is at [seniorcompanion@lcsnw.org](mailto:seniorcompanion@lcsnw.org) and 253-722-5686.

- Retired and Senior Volunteer Program (RSVP), part of the AmeriCorps Seniors, helps older volunteers find roles that fit their specific skills and interests. More information is at [RSVPkitsapcounty@lcsnw.org](mailto:RSVPkitsapcounty@lcsnw.org) and 253-722-5695.

- Military Family Respite Care helps military families who have children with special needs by providing up to 40 hours per month of no-cost respite care, allowing parents to attend appointments or rest. More information is at 360-377-5511.

- Where to Turn community resources guide, published by Senior Media Services.

For additional copies of **Where To Turn** please contact Senior Media Services at 253-722-5687 or [pjenkins@lcsnw.org](mailto:pjenkins@lcsnw.org)

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## **ADULT DAY CARE**

Caregiver Support Center .....	360-337-5700
Gateway Adult Services .....	360-377-9810

## **ADVOCACY and COMPLAINTS**

Adult Protective Services/DSHS .....	877-734-6277
Better Business Bureau .....	206-431-2222
Disability Rights Washington .....	800-562-2702
DSHS Residential Care Services .....	253-983-3819
Kitsap County Long-term Care Ombudsman .....	360-337-5714
State Attorney General Consumer Protection .....	800-551-4636
State Insurance Commissioner .....	800-562-6900

## **CHEMICAL DEPENDENCY**

Al-Anon .....	888-425-2666
Alcoholics Anonymous .....	253-474-8897
Kitsap Recovery Center .....	360-337-4625

## **CRIME PREVENTION**

Bainbridge Island Police .....	206-842-5211
Bremerton Police .....	360-473-5220
Crimestoppers of Puget Sound .....	800-222-TIPS
Kitsap County Sheriff .....	360-337-7101
Port Orchard Police .....	360-876-1700

## **DEMENTIA CARE/ SERVICES**

Alzheimer's Association .....	800-272-3900
Kitsap County Senior Information and Assistance .....	360-337-5700
Lutheran Community Services Northwest .....	253-722-5682
UW Alzheimer's Disease Research Center .....	206-744-0588

## DENTAL CARE

Peninsula Community

Health Services ..... 360-377-3776

## DISASTER/EMERGENCY SERVICES

American Red Cross ..... 253-474-0400

FEMA (Federal Emergency

Management Agency) ..... 800-525-0321

Kitsap County Department of Emergency

Management ..... 360-307-5871

Salvation Army ..... 360-373-5550

## DISABILITY-RELATED SERVICES

Disabled American Veterans ..... 360-373-2397

DSHS ..... 1-800-772-1213

Kitsap County Division of Aging and

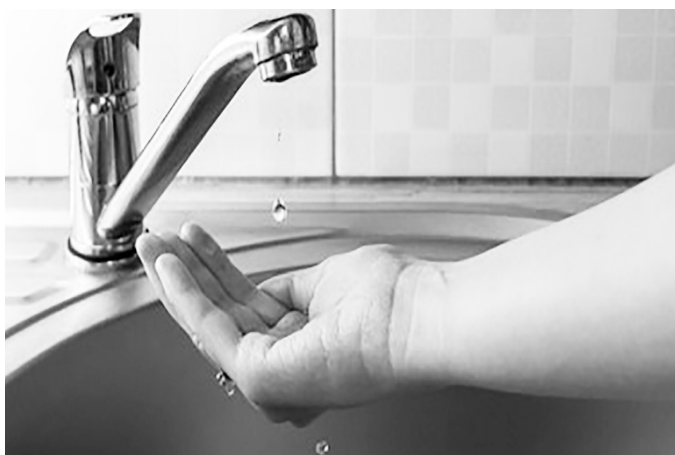
Long-Term Care ..... 360-337-5700

Northwest Access Fund ..... 206-328-5116

Northwest ADA Center ..... 800-949-4232

Washington Talking Book and

Braille Library ..... 206-615-0400



**HELP WITH UTILITIES:** Low-income Kitsap County residents can get help paying for utilities, including water, from local and state organizations. See the Utilities Assistance category of services in Where to Turn.

# DOMESTIC VIOLENCE

Adult Protective Services/DSHS ..... 877-734-6277  
National Domestic Violence Hotline... 800-799-7233  
YWCA Kitsap  
County ... 360-479-0522, 800-500-5513 (crisis line)

# DRIVING CLASSES

AARP ..... 888-227-7669  
AAA Roadwise..... 877-476-1254

# EMPLOYMENT

AARP.....1-855-850-2525  
Worksource ..... 360-902-9500  
Senior Community Service  
Employment Program ..... 206-624-6698



**KITSAP COUNTY AGING  
& LONG TERM CARE**

**KITSAP COUNTY'S  
AREA AGENCY ON AGING**

USAging

## SENIOR INFORMATION & ASSISTANCE

*A FREE Service for People 60+ & Their Caregivers*

### Where to turn in Kitsap County for...



- Answers to questions about services and opportunities
- Review of needs and referral to local resources
- Help finding and applying for programs and services
- Advocacy on issues important to older adults

*Promoting the well-being of older adults &  
assisting them in maintaining their independence*

**360-337-5700 or 1-800-562-6418**

**www.agingkitsap.com      www.waclc.org**

## CAREGIVER SUPPORT CENTER

**Support for you in your unpaid role of  
helping an adult family member or friend**

### FREE:

- Personal Caregiver Consultation
- Information & Education
- Specialized Services



**Kitsap County Aging & Long Term Care Services**

### ASK ABOUT:

- Dementia Resources
- Support & Training
- Caregiver Respite

**Offices in North, Central, and South Kitsap County**  
*for in-office help, call ahead for staff availability*

**360-337-5700 or 1-800-562-6418**

**www.agingkitsap.com**

**www.waclc.org**





**PHONE, INTERNET DISCOUNTS:** Qualifying low-income consumers can receive discounts on their telephone and broadband Internet through the Federal Communications Commission's Lifeline program. Information: 888-641-8722.

## **FOOD BANKS / FOOD ASSISTANCE**

Bainbridge Island Helpline House ....	206-842-7621
Bremerton Food Line .....	360-479-6188
Central Kitsap Food Bank .....	360-692-9818
DSHS Home and Community Services ...	360-842-2112
North Kitsap Helpline .....	360-779-5190
Meals on Wheels Kitsap .....	360-377-8511
Salvation Army .....	360-373-5550
South Kitsap Helpline .....	360-876-4089
St. Vincent de Paul .....	360-377-2929

## **FUNERAL PLANNING**

ShareLife .....	253-566-1008
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## **HEALTHCARE / HOSPITALS**

St. Michael Medical Center: .....	564--240-1000
Kitsap County Medical Society physician referrals .....	866-844-9355
Kitsap Public Health District .....	360-728-2235
Naval Hospital Bremerton .....	360-475-4000
Peninsula Community Health Services .....	360-377-3776

## HEARING

Hearing, Speech and Deafness Center ...206-323-5770

## HOSPICE

CHI Franciscan ..... 1-866-969-7028

Kaiser Permanente Home Health and  
Hospice ..... 206-326-4530

## HOUSING ASSISTANCE / HOUSING REPAIRS

Bremerton Housing Authority ..... 360-479-3694

Housing Kitsap ..... 360-535-6100

Housing Resources Bainbridge ..... 206-842-1909

Kitsap Community Resources ..... 360-473-2035

VA Supportive Housing ..... 253-582-8440

Washington State Housing Finance  
Commission ..... 206-464-7139

## IMMIGRATION SERVICES

Kitsap Immigrant Assistance Center .. 360-616-0479

U.S. Immigration and  
Naturalization ..... 800-375-5283

## IN-HOME CARE/HEALTH SERVICES

Catholic Community Services ..... 877-870-1582

Korean Women's Association ..... 360-479-1707

## LEGAL ASSISTANCE

Kitsap County Bar Association ..... 253-682-3135

Kitsap Legal Services ..... 360-479-6125

Northwest Justice Project ..... 888-201-1014

## LEGISLATION / STATE

Senior Citizens Lobby ..... 360-754-0207

Washington Legislature Hotline ..... 800-562-6000

## LONG-TERM CARE

Kitsap County Division of Aging  
and Long-Term Care ..... 360-337-5700

Long Term Care Ombudsman ..... 360-337-5714

# MEDICARE / HEALTH INSURANCE

Medicare ..... 1-800-633-4227  
Medicare beneficiary helpline ..... 800-633-4227  
Medicare/Medicaid Fraud ..... 800-447-8477  
SHIBA (Statewide Health Insurance Benefits  
Advisors) ..... 360-475-3095, 800-562-6900

# MENTAL HEALTH / SUICIDE PREVENTION

Kitsap Mental Health Services ..... 360-373-5031  
Kitsap Suicide Prevention Task Force .. 360-337-5279  
NAMI (National Alliance on Mental Illness) .....  
206-783-4288  
National Suicide Prevention Lifeline ... 1-800-273-8255  
Peninsula Community Health Services ... 360-377-3776  
Virginia Mason Franciscan Behavioral  
Health ..... 360-479-3033  
Volunteers of America Western Washington  
Crisis Line ..... 888-910-0416



**FOOD AND VOLUNTEERISM:** North Kitsap Fishline (360-779-5190) in Poulsbo is among food banks serving Kitsap County residents. It's also one of the places where people can volunteer by signing up through Retired Senior Volunteer Program (253-722-5695).

## MINORITY SERVICES

Korean Women's Association .....	253-535-4202
Office of Minority Affairs and Diversity ...	206-543-7132
Port Gamble S'Klallam Tribe .....	360-297-2646
Suquamish Tribe .....	360-598-3311

## SENIOR / COMMUNITY CENTERS

Bainbridge Island Senior Center .....	206-842-1616
Bremerton Family YMCA .....	360-377-3741
Bremerton Senior Recreation Center ...	360-473-5357
Givens Community Center (Port Orchard) .....	360-337-5734
Haselwood Family YMCA (Silverdale) ...	360-698-9622
North Kitsap Senior Center .....	360-779-5702
Port Gamble S'Klallam Tribe Senior Center .....	360-297-9627
Suquamish Tribe Elders Lodge .....	360-598-6883
Village Green Community Center (Kingston) .....	360-297-1263

## SENIOR LIVING COMMUNITIES

Norpoint Communities .....	360-633-1800
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**TRANSPORTATION:** Need a ride? Kitsap Transit Access offers door-to-door transportation for elderly and disabled riders, and can be contacted at 360-377-2877, 800-501-7433, and [kitsaptransit.com](http://kitsaptransit.com).

## SOCIAL SECURITY

Social Security Administration ..... 800-772-1213  
Bremerton office ..... 1-855-820-0098

## SUPPORT GROUPS/ ASSOCIATIONS

Alzheimer's Association ..... 800-272-3900  
Brain Injury Alliance of Washington ... 1-877-824-1766  
Kitsap County Caregiver  
Support Center ..... 360-337-5700  
Widowed Information and Consultation Services  
(WICS) ..... 206-241-5650

## TAX HELP/INFORMATION

AARP Tax-Aide ..... 888-687-2277  
IRS ..... 800-829-1040  
Kitsap County assessor ..... 360-337-7160

## TRANSPORTATION

Amtrak ..... 800-872-7245  
Catholic Community Services volunteer  
transportation ..... 253-502-2708  
Kitsap Transit ..... 800-501-7433, 360-377-2877  
Paratransit Services ..... 360-377-7007  
State ferries ..... 800-843-3779

## UTILITIES ASSISTANCE

Federal Lifeline Telephone Program .. 888-641-8722  
Kitsap Community Resources ..... 360-377-0053  
Kitsap County Public Utility District ... 360-779-7656



NOW OPEN!  
Charming cottages in 55+ community  
Located in beautiful *Silverdale*



*Retire Here!*  
Single-level cottages with  
attached garages. For  
rent! No buy-in. Reserve  
today: (360) 633-1800  
[www.norpoint.com](http://www.norpoint.com)

## **UTILITIES ASSISTANCE CON'T**

Salvation Army .....	360-373-5550
Washington Utilities and Transportation Commission .....	360-664-1160

## **VETERANS**

American Legion	
• Post 149 Bremerton .....	360-373-8983
• Post 30 Port Orchard .....	360-908-7319
Disabled American Veterans .....	360-373-2397
Fleet Reserve Association .....	360-373-2296
Kitsap Community Resources .....	360-377-0053
Kitsap County Veterans Assistance ...	360-337-4811
Marine Corps League .....	360-695-7233
Navy League .....	360-479-1233
U.S. Veterans Affairs .....	360-782-9900
VFW Post 239 Bremerton .....	360-377-6739
Washington Department of Veterans Affairs..	800-562-2308
Washington Veterans Home-Port Orchard..	360-895-4700

## **VOLUNTEERING**

AARP Tax-Aide .....	888-227-7669
Citizens on Patrol/Kitsap	
County Sheriff .....	360-337-4650
Kitsap County Parks .....	360-337-5350
Kitsap County Volunteer Services ...	360-337-5777
Retired and Senior Volunteer Program (RSVP) .....	360-377-5511
Meals on Wheels Kitsap .....	360-377-8511
United Way of Kitsap County .....	360-377-8505
MultiCare Hospice	
Volunteer .....	253-403-1005
Retired and Senior Volunteer Program (RSVP) .....	253-722-5695
Senior Companion Program .....	253-722-5686
Senior Media Services (Senior Scene newspaper delivery) .....	253-722-5687
Service Corps of Retired Executives (SCORE) .....	253-680-7770
SHIBA Helpline (Statewide Health (Insurance Benefit Advisors) ....	253) 596-0918, 800-562-6900
St. Anthony Hospital .....	253-530-2000
St. Joseph Medical Center .....	253-426-4101
St. Michael Medical Center .....	564-240-3078

**VOLUNTEERING CON'T**

Tacoma Area Coalition of Individuals with  
Disabilities (TACID) ..... 253-565-9000  
Volunteer Chore Services..... 253-502-2741

*Home is where the HEART is*

*But sometimes  
you need  
a helping hand*



**Retired and Senior  
Volunteer Program**  
253-722-5695



**Military Family  
Respite Care**  
360-377-5511



**Senior Companion**  
253-722-5686



**Where to Turn /  
Senior Media Services**  
253-722-5687

*[www.lcsnw.org](http://www.lcsnw.org)*



LUTHERAN  
**Community  
Services**  
NORTHWEST



ShareLife®

# Every life is unique – shouldn't every funeral be, too?

ShareLife is more than just a funeral. It's a unique, complete approach to funeral planning that honors and celebrates the life of your loved one. Plan a personalized, memorable life celebration service with a ShareLife provider near you.

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## Tacoma • Federal Way

**Edwards Memorial Funeral Home**  
(253) 566-1008 [EdwardsMemorial.com](http://EdwardsMemorial.com)

## Auburn • Kent

**Klontz Funeral Home & Cremation Services**  
(253) 833-1322 [KlontzFuneralHome.com](http://KlontzFuneralHome.com)

## Sumner • Puyallup

**Curnow Funeral Home & Cremation Services**  
(253) 863-2800 [CurnowFuneralHome.com](http://CurnowFuneralHome.com)